



Directorate of Students' Welfare  
Guru Gobind Singh Indraprastha University  
Sector-16 C, Dwarka, Delhi-110078 Website: <http://ipu.ac.in>

F. No. GGSIPU/ DSW/Misc./2020-21/ 4849

Dated: 3/9/21

NOTICE

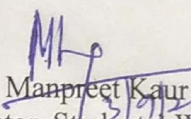
**Sub: Medical Wellness Research Program in collaboration with Hinduja Hospital Mumbai by Maitribodh Parivaar**

Maitribodh Parivaar (MBP), a socio-spiritual organisation in collaboration with Hinduja Hospital Mumbai is launching a unique Medical Wellness Research program. The main focus of the program is to study the impact of an online spiritual practice on one's emotional wellbeing and it will further analyse its effect on a larger population. This programme will help the students and the staff in improving their own wellbeing and help others who are under emotional stress.

All interested students and staff of GGSIP University are invited to avail this opportunity to be a part of this wellness research to be organized in two sessions i.e. on 6<sup>th</sup> September, 2021 for students and on 7<sup>th</sup> September, 2021 for staff from 03:00PM to 04:15PM on both days by filling up the google form at the following link:

<https://docs.google.com/forms/d/e/1FAIpQLSdWxNiFk1evOUWBBJQXSwUq0yfJi7htdrmyWf8dEkxOEutEEg/viewform>

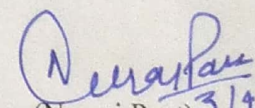
All the participants will be issued a certificate by Maitribodh Parivaar on the completion of the entire session. Registration will be on a first come- first serve basis.

  
(Prof. Manpreet Kaur Kang)  
Director, Students' Welfare

Encl: As above

Copy to:

1. All Deans / Directors/ All HODs / Branch In-charge- with a request to circulate amongst the students and staff members
2. AR to Hon'ble Vice Chancellor for information of Hon'ble Vice Chancellor
3. AR to Registrar for information of the Registrar
4. In-charge, Server Room with a request to upload on University website for information of all concerned.
5. Guard File

  
(Neeraj Pant) 3/9/21  
Section Officer (SW)